HUMAN SERVICES

What can I do with this major?

AREAS

EMPLOYERS

DESCRIPTIONS/STRATEGIES

SOCIAL SERVICES

Administration and Planning
Case Management
Advocacy
Program Evaluation
Policy Development
Volunteer Coordination
Prevention

Public welfare agencies

Federal, state, and local government including:

Administrative agencies

Department of Human Services

Department of Education

Department of Veterans Affairs

Department of Justice

Job Corps

One-Stop Career Centers

Head Start

Indian Health Services

State legislatures

Private social service agencies

Adult day care centers

Transitional housing facilities and halfway houses

Religiously affiliated organizations

Drug and alcohol rehabilitation centers

Social services are designed to provide support and promote well-being for disadvantaged populations.

Volunteer at homeless shelters, soup kitchens, domestic violence support centers, literacy programs, and/or other social service agencies to gain relevant experience and demonstrate interest.

Learn to work well with different types of people. Cultivate multicultural competence.

Become familiar with government and community resources available for those in need.

Learn about government application procedures and apply early as the process can take at least four to six months.

Complete an internship with the federal government or nonprofit agency.

CRIMINAL JUSTICE/CORRECTIONS

Counseling/Therapy Rehabilitation Probation

Youth Services Victim Assistance

Parole

Case Management

Prisons and correctional facilities

Courts

Police departments

Probation and parole offices

Victim services organizations Private treatment facilities

Transitional housing facilities and halfway houses

Correctional workers focus on rehabilitating clients and assisting victims.

Obtain experience by volunteering at a corrections facility or a victim services organization such as a sexual assault crisis center or family justice center.

Gain experience as a juvenile probation officer; many states allow reputable citizens to serve as volunteer officers.

Supplement curriculum with criminal justice classes.

AREAS

Case Management
Advocacy
Service Coordination
Youth Programming and Mentoring

Therapeutic Recreation

CHILD WELFARE

EMPLOYERS

Public or private child welfare agencies

Local, state, and federal government including:

Department of Children's Services

Department of Human Services

Child Protective Services

Head Start

Adoption agencies

Foster care organizations

Day care centers

Recreational facilities (i.e., YMCA or YWCA)

DESCRIPTIONS/STRATEGIES

Child welfare workers strive to ensure the safety and well-being of children through interventions and programming.

Volunteer at day care centers, children's shelters, camps, YMCA/YWCA, Scouts, CASA, or other agencies that aid youth and children.

Take additional courses in child development or early childhood education.

ALCOHOL AND SUBSTANCE ABUSE

Counseling

Case Management

Residential Management

Outpatient Management

Transportation

Program Development and Evaluation

Assessment

Spiritual Advising

Therapeutic Recreation

Alcohol and drug treatment and rehabilitation centers

Residential treatment facilities

Outpatient facilities

Employee Assistance Programs (EAP)

Private treatment facilities

Transitional living facilities and halfway houses

Hospitals

Community mental health centers

Local, state, and federal government including:

Department of Social Services Department of Veterans Affairs

Correctional facilities

Juvenile detention facilities

Probation services

Workers in the area of alcohol and substance abuse specialize in treating and assisting people with addictions and their families.

Volunteer at treatment centers, local hospitals, and/ or other social service agencies to gain experience and demonstrate interest.

Become familiar with assessment procedures.

Earn a master's degree and appropriate licensure in substance abuse counseling to provide treatment. Consider training as a Master Addictions Counselor (MAC).

Learn about government and community resources available for those in need.

Attend community meetings such as Alcoholics Anonymous (AA) or Narcotics Anonymous (NA).

DEVELOPMENTAL SERVICES

Case Management Advocacy

Program Planning and Evaluation

Policy Development

Rehabilitation

Research

Community residential homes

State and local agencies including:

Vocational Rehabilitation and employment programs

One-Stop Career Centers

Medical facilities

Mental health organizations

Schools

Colleges and universities Employment agencies

Human services workers specializing in this area help people with disabilities to adjust to and lead productive lives.

Volunteer at special needs camps, child care centers, schools, or hospitals to gain experience.

Learn about a variety of disabilities and accommodations.

Obtain specialized training in areas such as sign language or assistive technology for additional opportunities.

Earn a master's degree in rehabilitation counseling to qualify for more positions.

AREAS

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GERONTOLOGY

Advocacy
Administration
Counseling
Case Management

Programming
Public Policy

Hospitals

Nursing and retirement homes

Senior centers

Assisted and independent living facilities

Hospice

Home healthcare agencies

Community agencies serving the elderly

DESCRIPTIONS/STRATEGIES

Gerontology involves promoting the well-being of older adults and supporting them and their families.

Become involved with programs or organizations designed for senior citizens.

Join the American Society on Aging.

Supplement curriculum with course work in life span development and aging.

Obtain specialized training and credentials oriented toward gerontology.

HEALTH CARE

Case Management

Counseling

Program Development

Administration Rehabilitation Prevention Education Research

Hospice Care

Hospitals

Health maintenance organizations (HMOs)

Nursing homes Hospice programs

Home healthcare agencies Community health centers Public health programs Social service organizations

Outpatient clinics

Transitional housing facilities Specialized camps/schools

Federal, state, and local government including: Department of Health and Human Services

Department of Veterans Affairs

Human services workers in healthcare facilitate the medical and emotional treatment of patients.

Volunteer in health related settings such as hospitals or the American Red Cross to gain experience.

Supplement curriculum with course work in public health or community health education.

Gain membership in relevant professional associations.

Become familiar with community resources.

ADMINISTRATION

Management

Policy Development

Event Planning Supervision

Development

Budgeting

Grant Writing

Public Relations

Marketing

Social service agencies

Employee Assistance Programs (EAP)

Probation departments Public interest groups

Local, state, and federal government including:

Department of Human Services
Department of Children's Services

Department of Education
Department of Justice

Department of Veterans Affairs State mental health departments

One-stop Career Centers

Job Corps

Administrators are involved with planning, budgeting, public relations, management, and other crucial operating responsibilities that keep an organization functioning.

Supplement curriculum with course work in areas such as public relations, advertising, accounting, or management.

Consider earning a business minor.

Obtain a master's degree in social work or related field for additional opportunities.

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AREAS

EMPLOYERS

DESCRIPTIONS/STRATEGIES

ADMINISTRATION CONTINUED

Head Start
Public welfare agencies
Residential or outpatient hospitals/treatment centers

Gain management experience through internships, part-time employment, and/or leadership in relevant student organizations.

Research government application procedures.

Research government application procedures.

Network with local politicians and government agencies. Administrators often have to lobby officials to maintain or increase project funding.

BUSINESS AND INDUSTRY

Human Resources
Management
Market Research
Customer Service
Sales
Public Relations
Corporate Giving
Development
Financial Counseling

Business firms in various industries
Developers of educational products
National foundations and associations
Consumer protection agencies
Social service organizations with business components, i.e. tax assistance, financial planning
Employee Assistance Programs (EAP)

Graduates of human services programs may apply their skills and knowledge in the private sector of business and industry.

Earn a minor in business or related field. Develop computer skills particularly with spreadsheets, databases, and desk top publishing.

Learn to communicate effectively with a wide range of people.

Take courses to enhance writing skills.

Gain experience through part-time jobs, summer jobs, and internships in business environments.

Get involved in student organizations and seek leadership roles.

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GENERAL INFORMATION

- A bachelor's degree in human services prepares individuals for entry-level positions in the helping professions.
- A master's degree in counseling, social work, occupational therapy, or related field, in addition to appropriate professional licensure, is usually necessary to provide therapy and for advancement to supervisory or administrative positions.
- Complete practicum experiences and internships to gain necessary experience, test your interests in the helping professions, and gain exposure to various practice settings and clients. Human Services is a broad field so it will be important to explore which area/population is the best fit for you.
- Candidates should possess empathy for others, an appreciation for diversity, and an interest in social change.
- Gain experience with a wide range of clients and client systems including individuals, families, groups, communities, and minorities.
- Join a human service organization while in school and seek leadership positions.
- Look for ways to impact your community and get involved with local organizations and issues.
- Become familiar with local social service agencies and resources available for those in need.
- Learn a second language to better communicate with diverse client populations.
- · Develop the ability to work well under pressure and manage stress.
- Update your resume as you acquire new accomplishments, skills, knowledge, and interests.